

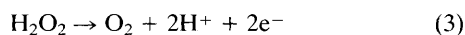
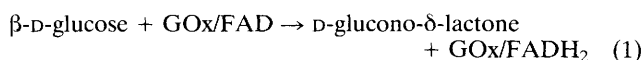
## Efficient Glucose Detection in Anaerobic Solutions Using an Enzyme-modified Electrode Designed to Detect H<sub>2</sub>O<sub>2</sub>: Implications for Biomedical Applications

John P. Lowry, Karl McAteer, Satea S. El Atrash and Robert D. O'Neill\*

Chemistry Department, University College Dublin, Belfield, Dublin 4, Ireland

The finding that a 'first generation' glucose oxidase modified poly(*o*-phenylenediamine) coated Pt electrode, designed to detect H<sub>2</sub>O<sub>2</sub>, responded to glucose in N<sub>2</sub>-saturated solutions with a sensitivity similar to that of air-saturated media is of considerable significance for the application of biosensors in biological systems where O<sub>2</sub> availability is severely restricted.

*Ortho*-Phenylenediamine (PD, 1,2-diaminobenzene) forms a self-sealing, highly insulating thin (*ca.* 10 nm) membrane containing trapped enzyme molecules when electropolymerised onto a Pt anode in enzyme-electrolyte solution.<sup>1,2</sup> When glucose oxidase (GOx) is used, the GOx-modified polyphenylenediamine (PPD) coated Pt (Pt/PPD/GOx) electrodes are considered 'first generation' sensors as they detect glucose by oxidising H<sub>2</sub>O<sub>2</sub> formed in the presence of the natural co-substrate for GOx, dioxygen [reactions. (1)–(3)].



A number of different laboratories have demonstrated that Pt/PPD/GOx electrodes possess a variety of properties indicating potential suitability for monitoring glucose levels in biomedical applications.<sup>1–10</sup> These properties include fast response time, linearity over the relevant range of concentration, effective elimination of interference by reducing agents such as ascorbic acid, freedom from protein and lipid fouling, stability *in vivo*, and ease of miniaturisation. However, since the mechanism of electrochemical signal generation involves oxidation of H<sub>2</sub>O<sub>2</sub> [reaction (3)] formed from the reaction of O<sub>2</sub> with reduced enzyme [reaction (2)], changes in ambient oxygen tension may mimic changes in glucose concentration, undermining the reliability of the sensor to monitor glucose unambiguously.

We therefore investigated the sensitivity of Pt/PPD/GOx electrodes to glucose for different concentrations of O<sub>2</sub> in solution.

GOx was immobilised in poly(*o*-phenylenediamine) films by potentiostatic electropolymerisation of the monomer on the bare disk end of a freshly cut Teflon-insulated Pt wire (125–250  $\mu\text{m}$  diameter) as described in detail recently.<sup>8</sup> Briefly, a deoxygenated solution of the monomer (300  $\text{mmol dm}^{-3}$ ) and GOx (5  $\text{mg cm}^{-3}$ ) was prepared in phosphate buffered saline (PBS, pH 7.4). The working electrode potential was maintained at +0.65 V *vs.* SCE during the electropolymerisation for 15 min using a large Pt wire as auxiliary electrode. All experiments using these Pt/PPD/GOx electrodes were performed in a standard three-electrode glass electrochemical cell containing 20 ml PBS thermostated at 25  $\pm$  1  $^\circ\text{C}$ . To attain effective anaerobic conditions, all solutions were vigorously purged with O<sub>2</sub>-free N<sub>2</sub> (average O<sub>2</sub> content 2 ppm, maximum O<sub>2</sub> content 5 ppm) for at least 30 min before recording began and a N<sub>2</sub> atmosphere maintained over the cell thereafter. In experiments involving solution O<sub>2</sub>, either atmospheric air or pure O<sub>2</sub> from a gas cylinder was bubbled through the PBS. The mean  $\pm$  standard error is reported with *n* = number of electrodes or number of electrodes times determinations. Background current recorded in PBS with Pt/PPD/GOx electrodes in the absence of glucose was small (2  $\pm$  1  $\mu\text{A cm}^{-2}$ , *n* = 19) and was subtracted from the total current to obtain the glucose response.

As reported previously,<sup>1,3,8</sup> glucose calibrations carried out amperometrically at +700 mV *vs.* SCE gave rapid response times (*t*<sub>95%</sub> < 10 s) and followed Michaelis–Menten kinetics

(goodness of fit, *r*<sup>2</sup> > 0.999) when performed in air-saturated solutions (*n* = 3): *K*<sub>m</sub> = 20  $\pm$  4  $\text{mmol dm}^{-3}$ ; and *V*<sub>max</sub> = 249  $\pm$  59  $\mu\text{A cm}^{-2}$  (see Fig. 1). Since it is assumed that the current observed under these conditions is due to the oxidation of H<sub>2</sub>O<sub>2</sub> [reaction (3)] produced by reaction (2), it was surprising that when the same electrodes were used under N<sub>2</sub>-saturated conditions the overall response (*n* = 3  $\times$  2) was not very different compared with air saturation: rapid response time; *r*<sup>2</sup> > 0.998; *K*<sub>m</sub> = 20  $\pm$  5  $\text{mmol dm}^{-3}$ ; and *V*<sub>max</sub> = 206  $\pm$  31  $\mu\text{A cm}^{-2}$ , indicating only a small loss of sensitivity compared with air present (see Fig. 1). To ensure that the response in N<sub>2</sub>-saturated PBS was not due to O<sub>2</sub> trapped in the polymer from previous experiments, glucose calibrations were performed with Pt/PPD/GOx electrodes that had never been exposed to solutions containing O<sub>2</sub>; equally high sensitivity was observed under anaerobic conditions with these 'O<sub>2</sub> naive' sensors, *V*<sub>max</sub> = 216  $\pm$  33  $\mu\text{A cm}^{-2}$ , *n* = 3. To confirm that the glucose current was enzyme-mediated, we determined the response of 100  $\text{mmol dm}^{-3}$  glucose at bare Pt and Pt/PPD electrodes containing no GOx; the current was minimal in both cases and averaged 0.8  $\pm$  0.1  $\mu\text{A cm}^{-2}$ , *n* = 4.

To determine the sensitivity of Pt/PPD/GOx electrodes over a wider O<sub>2</sub> concentration range, either pure N<sub>2</sub>, pure O<sub>2</sub> or air was passed through PBS containing 100  $\text{mmol dm}^{-3}$  glucose (enzyme saturation). To monitor the concentration of O<sub>2</sub> in solution we developed a double potential pulse technique with carbon paste electrodes (CPEs) similar to differential pulse amperometry (DPA) applied to dopamine detection *in vivo*.<sup>11</sup> In our case two equally sized pulses are

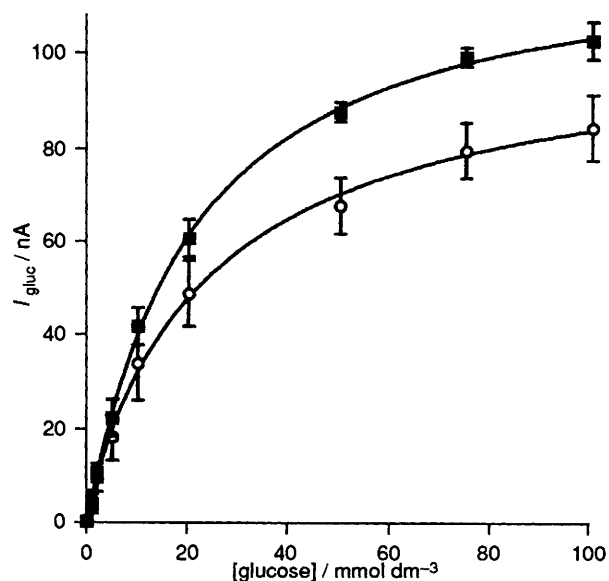


Fig. 1 Amperometric steady-state calibrations for glucose at 250- $\mu\text{m}$  diameter Pt/PPD/GOx electrodes at 700 mV *vs.* SCE. Average values from experiments performed with the same set of three electrodes in either air-saturated (■) (*V*<sub>max</sub> = 249  $\pm$  59  $\mu\text{A cm}^{-2}$ , *n* = 3) or N<sub>2</sub>-saturated (○) (*V*<sub>max</sub> = 206  $\pm$  31  $\mu\text{A cm}^{-2}$ , *n* = 3  $\times$  2) PBS. The PBS current in the absence of glucose has been subtracted in each case.

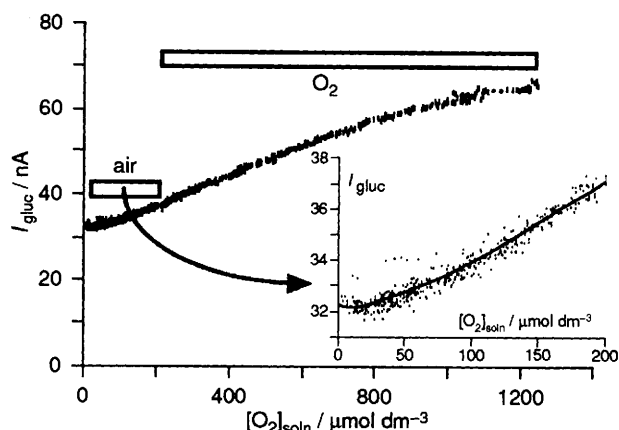


Fig. 2 Amperometric current for 100 mmol  $\text{dm}^{-3}$  glucose recorded at a 125  $\mu\text{m}$  diameter Pt/PPD/GOx electrode in PBS at 700 mV vs. SCE during bubbling with either  $\text{N}_2$  (minimum value = 260  $\mu\text{A cm}^{-2}$ ), air (maximum value = 300  $\mu\text{A cm}^{-2}$ ) or pure  $\text{O}_2$  (maximum value = 530  $\mu\text{A cm}^{-2}$ ) plotted as a function of solution  $\text{O}_2$  concentration. The inset shows data for the air region in greater detail.

applied, the first from a resting potential at  $-150$  mV to  $-350$  mV that corresponds to the foot of the reduction wave for  $\text{O}_2$  at CPEs, and the second from  $-350$  mV to  $-550$  mV that reaches well up the reduction wave. The difference in the current sampled during these pulse pairs corresponds mainly to faradaic  $\text{O}_2$  reduction with little contribution from capacitance effects. Using  $\text{O}_2$  concentration data for both air- and  $\text{O}_2$ -saturated buffers,<sup>12,13</sup> the DPA current was converted to  $\text{O}_2$  concentration using a linear ( $r^2 > 0.998$ ) plot with slope  $122 \pm 5$  nA  $\text{mmol}^{-1} \text{dm}^{-3}$ . Fig. 2 shows the dependence of glucose current on solution  $\text{O}_2$  concentration. The most surprising aspect is confirmation of the finding that a significant part of the current recorded with these sensors is independent of  $\text{O}_2$  in solution (see Fig. 1) since there is a significant glucose signal in  $\text{N}_2$ -saturated solutions and increasing solution  $\text{O}_2$  from 0 to 200  $\mu\text{mol dm}^{-3}$  (air saturation) increased the current by only 20%. Indeed, a closer inspection (inset, Fig. 2) shows that the glucose signal is effectively independent of the concentration of  $\text{O}_2$  in solution in the range 0–50  $\mu\text{mol dm}^{-3}$ . Thus in biological applications such as glucose detection in brain or subcutaneous tissue where the range of  $\text{O}_2$  tension is 5–50  $\mu\text{mol dm}^{-3}$ ,<sup>13,14</sup> glucose monitoring would be effectively free of interference by  $\text{O}_2$ . This finding may explain why Pt/PPD/GOx currents recorded in brain tissue *in vivo*<sup>8</sup> were similar to

those recorded under air saturation conditions *in vitro*, despite the poor  $\text{O}_2$  levels in the tissue.

The results suggest that mechanisms other than reaction of solution  $\text{O}_2$  with reduced enzyme are responsible for the electrochemical signal generated with Pt/PPD/GOx biosensors. We suspect that  $\text{O}_2$  formed on the Pt surface due to electrolysis of water even at a slow rate [together with the recycling reactions (2) and (3)] may be sufficient to mimic solution  $\text{O}_2$  of 200  $\mu\text{mol dm}^{-3}$  in the context of reaction (2) (see Fig. 2, inset); however, a full investigation of this phenomenon is underway and will be submitted for publication. It remains to be seen, for example, whether this behaviour is unique to Pt/PPD/GOx electrodes or applies to other  $\text{H}_2\text{O}_2$ -detecting sensors. Irrespective of the mechanism involved, the findings are of considerable significance for the application of these, and possibly other, enzyme-based sensors in biological systems where  $\text{O}_2$  availability is severely restricted.

We thank the Irish Science and Technology Agency (EOLAS/FORBAIRT) for a grant under the Scientific Research Programme (Grant No. SC/92/304), and U.C.D. for financial support.

Received, 15th August 1994; Com. 4/04998E

## References

- 1 C. Malitesta, F. Palmisano, L. Torsi and P. G. Zambonin, *Anal. Chem.*, 1990, **62**, 2735.
- 2 T. W. Sohn, P. W. Stoecker, W. Carp and A. M. Yacynych, *Electroanalysis*, 1991, **3**, 763.
- 3 S. V. Sasso, R. J. Pierce, R. Walla and A. M. Yacynych, *Anal. Chem.*, 1990, **62**, 1111.
- 4 E. Dempsey, J. Wang and M. R. Smyth, *Talanta*, 1993, **40**, 445.
- 5 F. Moussy, D. J. Harrison, D. W. O'Brien and R. V. Rajotte, *Anal. Chem.*, 1993, **65**, 2072.
- 6 J. Wang and H. Wu, *Anal. Chim. Acta*, 1993, **283**, 683.
- 7 S. J. Dong, *Anal. Sci.*, 1994, **10**, 175.
- 8 J. P. Lowry, K. McAteer, S. S. El Atrash, A. Duff and R. D. O'Neill, *Anal. Chem.*, 1994, **66**, 1754.
- 9 G. E. De Benedetto, C. Malitesta and C. G. Zambonin, *J. Chem. Soc. Faraday Trans.*, 1994, **90**, 1495.
- 10 P. N. Bartlett and P. R. Birkin, *Anal. Chem.*, 1994, **66**, 1552.
- 11 R. D. O'Neill, *Analyst*, 1994, **119**, 767.
- 12 C. Bourdillon, V. Thomas and D. Thomas, *Enzyme Microb. Technol.*, 1982, **4**, 175.
- 13 Y. N. Zhang and G. S. Wilson, *Anal. Chim. Acta*, 1993, **281**, 513.
- 14 B. K. Siesjo, *Brain Energy Metabolism*, Wiley, Chichester, 1978, p. 406.